

ALIVE & WELL

with Michelle Harris



TV Series Going Green with Home Make-Over

For Immediate Release:

Floors made of bamboo? Countertops made with recycled glass? Beautiful berber carpeting made from recycled plastic soda bottles? Michelle Harris, healthy-lifestyle expert and host of the popular cable TV series "Alive & Well with Michelle Harris", is "going green" with her upcoming special home make-over episode. This highly anticipated episode will show television viewers how to utilize the latest environmentally-friendly yet style-conscious products and trends when building, remodeling or redecorating their homes. Michelle will also show viewers how to get organized and how to create a unique and stress-free environment in the home.

The producers of Alive & Well TV chose a suburban home in Orange County, California for the make-over, which has been months in the making. Host Michelle Harris commented that "Last season's home make-over episode just scratched the surface and that episode was a big hit with viewers. This season we had a whole team researching the best products we could find and I think viewers are going to be amazed".

Alive & Well's special home-makeover episode will debut on February 3rd and will air in repeats throughout the year. Broadcast and schedule information can be found on the show's website at www.aliveandwell.tv. Alive & Well with Michelle Harris is national television's highest rated healthy lifestyle show, airing twice daily nationwide on AmericanLife TV Network. Regular features on Alive & Well include health, nutrition, beauty, travel, sustainable living, healthy recipes and more.

Below is a list of products and companies being featured in this episode. Feel free to visit their websites and/or contact them directly for further information to include in your news and editorial segments promoting this episode.

Mohawk - Carpet made from recycled plastic bottles (PET) www.mohawk-flooring.com

Olympic Paint - No VOC/low odor paints www.olympic.com

Hunter Douglas - Energy efficient window treatments www.hunterdouglas.com

Fair Pacific Bamboo Flooring – Beautiful Bamboo Flooring www.fairpacific.com

EnviroGLAS - Fabulous recycled glass & porcelain countertops www.enviroglasproducts.com

Brown Jordan – Stylish and enduring outdoor furnishings www.brownjordan.com

Easy Closets – Custom closet organizers you can easily order online and shipped ready to install www.easyclosets.com

Can-Am - Modular metal furniture / media storage for infinite capacity & versatility www.can-am.ca

Shoji Living – Custom made Shoji doors www.shoji-living.com

Wells Sinkware – Artistic glass vessel sinks www.wellssinkware.com/

Waterdécor – Water-efficient touchless bathroom faucets www.waterdecor.com

Venezia Fireplace – Cast stone fireplace fascias, surrounds, hoods, hearths and slips www.veneziafireplace.com

Slide-Lok – Garage Storage, cabinet systems and more. Made with real plywood, no particle board www.slide-lok.com

Wholesale Furniture Brokers – Contemporary eco friendly furniture products by Modloft, Lifestyle Solutions, Rizzon, Stanton, Fairmont Designs & more. Order online at www.GoWFB.com

Ecochoices.com – Bed Mattresses -100% Organic cotton www.ecochoices.com

Riverside Designs – Stylish recycled glass dishware www.riversidedesigns.com

Greener Lifestyles – Sustainable furniture and meditation chairs made with organic fabrics. www.Greenerlifestyles.com

Arbor – Environmentally friendly snowboards, skateboards and apparel www.arborsports.com

AGS Stainless – Unique contemporary cable railing systems www.agsstainless.com

Specialty Living, Inc - Solar Outdoor Fountains and Indoor Water features www.kineticfountains.com

Orecontainer.com – Artist-made fire pits and planters www.orecontainers.com

Fire & Water - Frankie Goes Florescent lamps www.cyberg.com.

Anna Sova - The world's best quality organic sheets and towels www.annasova.com

Now & Zen - Zen alarm clocks, doorbells and phone ringers www.now-zen.com.

Lumens – Contemporary lighting and living www.lumens.com

Art – The art displayed in this episode is a small collection of hand picked works by two prominent up and coming artists:

Michel Leah aka The Raw Artist is a self-taught outsider artist who attributes her raw foods diet to saving her life. Her works, including contemporary abstracts, are currently included in over 1,000 private and corporate collections throughout the World. www.therawartist.com

Purvis Young is an exciting self-taught folk artist who creates art on discarded objects such as used plywood, paper and cardboard. Recycling in it's most beautiful and raw form. www.gallery721.com and www.purvisyoung.com



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